



PUT YOURSELF ON THE **RED CARPET**

Pretend for just a moment that you are on the red carpet of a big premiere event starring You. The cameras are flashing, fans are happy to be there, and you are being interviewed by your favorite television host. You are thrilled to be there and everyone is so excited to see you and get to know who you are. The host begins the interview by asking, "What matters most to you and what makes you tick? What are your deepest desires and greatest aspirations for yourself?" What would you say? Jot down some of your first unfiltered thoughts to these red carpet questions now.



The things that I really love and care about the most are:

My aspirations for myself are:

The host says, "Tell me why these aspirations are important to you?" You say, "These aspirations are important to me because:"

Then the host asks, "How will your life be better? How will you be better off if you achieve your aspirations?" You reflect a moment and then say, "My life will be better and I will be better because:"

And one more time the host probes deeper. "Tell me what would be possible if you achieved your aspirations that is not possible now? What would be different and so much better?" You take a deep breath before you answer and then you say, "What would be possible and better is:"

